



uckfield swim school '09

pre-school classes

(these classes **do not** run during school holiday weeks or bank holidays)

spring jan 5 - march 2 (12 weeks)
summer april 20 - july 23 (13 weeks)

winter sept 7 - dec 17 (14 weeks)

nursery accompanied
(6 - 18 months)
wednesday 10.00am NU01c

tadpoles accompanied
(18 - 36 months)
monday 10.00am TA01c
11.00am TA02c
wednesday 11.40am TA03
thursday 10.30am TA04c

cygnets 1 accompanied
(3 - 5 years)
monday 10.30am CY01c
wednesday 10.30am CY03c
thursday 10.00am CY04c
2.30pm CY06

cygnets 1 unaccompanied
(3 - 5 years)
monday 11.40am CY09
wednesday 2.30pm CY08

cygnets 2 unaccompanied
(3 - 5 years)
monday 2.30pm CY02
thursday 11.40am CY05

'c' denotes crèche available. This pre-bookable facility is available to **freedomleisure** members. For price and session times please see reception.

swim school prices

• **Leisure pass member** one off payment payable per course equivalent to **£4.20**

per lesson.

• **Monthly direct debit** with priority booking and unlimited swimming:

pre-school	£13.50
school age	£17.50

ASA awards

badge and certificate **£2.50**

personal survival and challenge
lapel pin, badge and certificate **£3.80**

awards file **£5.50**

medical information

Please let us know if your child has **any** medical condition which may affect their swimming ability.

adult swim school

wednesday	(term time only)	
2.30pm	intermediates	AIN1
3.00pm	improvers	AIM1
3.30pm	beginners	ABE1

thursday	(term time only)	
8.00pm	intermediates	AIN2
8.30pm	improvers	AIM2
9.00pm	beginners	ABE2

school age classes - uckfield 0845 803 5515

**spring
summer**

february 16 - may 9 (12 weeks)
may 11 - august 1 (12 weeks)

**autumn
winter**

august 3 - october 31 (13 weeks)
november 2 - february 13 (13 weeks)

<p>monday 4.00pm</p> <p>beginners 2 BE01 improvers 1 IM01 intermediate 1 IN01</p>	<p>4.30pm</p> <p>beginners 1 BE02 improvers 2 IM02 intermediate 2 IN12</p>	<p>5.00pm</p> <p>beginners 2 BE03 improvers 2 IM03 personal survival PS01</p>	<p>5.30pm</p> <p>beginners 3 BE04 advanced 1 AD01 advanced 2 AD02</p>
<p>tuesday 4.00pm</p> <p>beginners 1 BE05 improvers 2 IM04 intermediate 2 IN03</p>	<p>4.30pm</p> <p>beginners 2 BE06 improvers 1 IM05 intermediate 1 IN02</p>	<p>5.00pm</p> <p>beginners 1 BE07 improvers 1 IM06 intermediate 1 IN04</p>	<p>5.30pm</p> <p>beginners 3 BE08 improvers 2 IM07 intermediate 2 IN15</p>
<p>wednesday 4.00pm</p> <p>beginners 3 BE09 advanced 1 AD05</p>	<p>4.30pm</p> <p>beginners 1 BE10 improvers 2 IM09 personal survival PS02</p>	<p>5.00pm</p> <p>beginners 2 BE11 improvers 2 IM10 intermediate 1 IN14</p>	<p>5.30pm</p> <p>beginners 2 BE12 improvers 1 IM11 intermediate 2 IN18</p>
<p>thursday 4.00pm</p> <p>beginners 3 BE13 improvers 1 IM12 intermediate 1 IN06</p>	<p>4.30pm</p> <p>beginners 2 BE14 improvers 2 IM13 intermediate 2 IN07</p>	<p>5.00pm</p> <p>beginners 1 BE15 improvers 1 IM14 intermediate 1 IN08</p>	<p>5.30pm</p> <p>beginners 2 BE16 junior beginners 7+ BE26 advanced 1 AD04</p>
<p>friday 4.00pm</p> <p>beginners 2 BE17 improvers 1 IM16 diving skills / snorkelling DS01</p>	<p>4.30pm</p> <p>beginners 2 BE20 improvers 1 IM17 intermediate 1 IN10</p>	<p>5.00pm</p> <p>beginners 3 BE19 improvers 2 IM18 intermediate 2 IN11</p>	<p>5.30pm</p> <p>beginners 3 BE24 junior beginners 7+ BE21 advanced 1&2 AD03</p>
<p>saturday 8.30am</p> <p>beginners 2 BE22 improvers 2 IM19 intermediate 1 IN16</p>	<p>9.00am</p> <p>beginners 2 BE23 improvers 1 IM20 intermediate 2 IN19</p>	<p>9.30am</p> <p>beginners 1 BE25 intermediate 1 IN17 improvers 2 IM21</p>	

- classes available to swim school direct debit members and leisure pass holders only & are non-refundable
- all classes run for 30 minutes (inc. registration & setup)
for more information and site timetables, visit our website



freedomleisure
we'll show you how